

Terminology:

Palaestra (pronounced \pə-les'-trə\) is a Greek word meaning sport school or gymnasium. The publisher of *PALAESTR*A strives to use terminology that conforms with current accepted usage. Focus is on people, not disabilities—that is, students who are blind, athletes with spinal cord injuries, participants who are intellectually disabled. Reference is to individuals with disabilities, not handicaps or impairments.



All Paralympic photos provided by the Canadian Paralympics Committee

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