



# MOVEMENT & DISABILITY WORKSHOP

Hosted by – The **Old Dominion University** Health and Physical Education (HPE) and  
Park, Recreation, and Tourism Studies (PRTS) Programs

**WORKSHOP DESCRIPTION:** This workshop features two dynamic sessions to provide education and recreation professionals with effective strategies for engaging children with disabilities in physical activity.

- **Robert Mages**, 2018 Virginia Adapted Physical Education Teacher of the Year, will present strategies to prepare children with disabilities to engage in physical activity and progress their psychomotor skills. Adapting skills to promote active participation will also be discussed.
- **James Gunther**, 2016 Virginia Adapted Physical Education Teacher of the Year, will discuss the implementation of assistive technology to engage children with disabilities in physical activity. Learners will review various levels of assistive technology and explore useful iPad apps for increasing the participation of children with disabilities in physical activity.

## SPEAKER BIOGRAPHIES:

**Rob Mages** has been an itinerant adapted physical education teacher for 7 years with Virginia Beach City Public Schools. He was recently named the 2018 Virginia Adapted Physical Education Teacher of the Year. For the last two summer's Rob has run an inclusive P.E. in the Park class to help children with autism spectrum disorder learn how to participate in a physical education setting and help them to develop fundamental gross motor skills and personal fitness. Rob also coaches an inclusive flag football team for Larkspur-Salem Recreation Association with several children on the autism spectrum. When Rob isn't teaching or coaching, he spends time with his wife and two children.

**James Gunther** is an Adapted Physical Education Teacher with Norfolk Public Schools since 2001. He received his master's degree from Walden University and his bachelor's degree from the State University of New York College at Cortland. James was awarded the Virginia Adapted Physical Education Teacher of the year award in 2016 (VAHPERD).